

Invitation

Planning to stay in your own home or community as you age?

Join us for a day of free education!

Aging in Place 2012

“Knowing Your Options”

Date: Saturday: February 11th, 2012

Time: 9:00 a.m. - 3:00 p.m.

Place: Mountain View Senior Center, Main Hall
266 Escuela Avenue

Topics Include:

Senior Housing Options

Transportation Solutions

Avoid Paying for it All

Alzheimer's Resources

Document Management

Caregiver Support & more...

A representative from the El Camino Hospital Senior Health Resource Library will be our lunchtime speaker, introducing us to the many valuable services offered to the community for free or reduced cost.

Lunch provided on-site (cash only)

** Raffle**

Volunteer eldercare professionals and local businesses related to aging in place will be on-site all day to answer your questions.

The City of Mountain View

Senior Advisory Committee; *Giving Seniors a Voice*

contact: nancicooper@yahoo.com